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- **Download a PDF document with these links online at:**
<http://www.tbplan.com/resources/lcc-links.pdf> **Some pages have been moved within their sites and you may need to search within the site for these articles/bits of information.**
- Definition of LTC: <http://www.longtermcare.gov/> (click 'definitions & risks')
- Risk of needing care: <http://www.longtermcare.gov/> (same as above)
- How much care might I need?: <http://www.longtermcare.gov> (same as above)
- AARP study:
http://www.aarp.org/relationships/caregiving/info-2007/fs27r_ltc.html
- CBS Moneywatch, 'tips for buying long term care insurance':
<http://moneywatch.bnet.com/retirement-planning/blog/money-life/tips-for-buying-long-term-care-insurance/1582/?tag=content;col1>
- CBS Moneywatch, 'long term care: what are the real risks?':
<http://moneywatch.bnet.com/retirement-planning/blog/money-life/long-term-care-what-are-the-real-risks/1305/?tag=content;col1>

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- Genworth cost of care map:
http://www.genworth.com/content/genworth/us/en/products/long_term_care/long_term_care/cost_of_care.html
- RG 1-29-11 article on Medicaid cuts:
<http://special.registerguard.com/turin/2011/jan/29/governors-push-broad-cuts-to-medicare-as-funds-drop/>
- RG 3-21-11 article 'the cost of caregiving':
<http://special.registerguard.com/turin/2011/mar/21/the-cost-of-caregiving/>
- Genworth resource page with various brochures & tools:
http://www.genworth.com/content/lets_talk/united_states/english/home.html
- From Caregiver.org:
http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=439
- From longtermcare.gov: (who pays for care?)
http://www.longtermcare.gov/LTC/Main_Site/Paying_LTC/Costs_Of_Care/Costs_Of_Care.aspx#Who
- Does Medicare pay for custodial care:
<http://www.medicare.gov/longtermcare/static/home.asp>

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- VA long term care info:
<http://www.va.gov/healtheligibility/coveredservices/SpecialBenefits.asp#LongTerm>
- CLASS Act info: <http://aoa.gov/AoARoot/CLASS/index.aspx>
- Medicaid-what is it? History and overview:
http://medicaidbenefits.kff.org/about_mb.jsp
- State Medicaid/OHP main page:
http://www.oregon.gov/DHS/healthplan/tools_policy/stateplan.shtml
- From the Kaiser Family Foundation:
http://medicaidbenefits.kff.org/state.jsp?st=38&cat=0&yr=4&nt=on#state_notes
- Federal recommendations for paying for ltc:
http://www.longtermcare.gov/LTC/Main_Site/Paying_LTC/Private_Programs/Private%20Financing/index.aspx
- Partnership overview:
<http://www.bizjournals.com/portland/stories/2008/01/14/focus7.html>

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- It's my life kit: planning guidance & repository of information:
<http://www.itsmylifekit.com/>
- Oregon Advance Directive information and downloadable document:
http://www.oregon.gov/DCBS/SHIBA/advanced_directives.shtml
- National Institute on Aging. Lot's of great publications & info. The site is huge. This link takes you to information on 'So Far Away', a publication about long distance caregiving.
<http://www.nia.nih.gov/HealthInformation/Publications/LongDistanceCaregiving/>
- UNUM Oregon PERS page: <https://w3.unum.com/enroll/PERS/index.aspx>
- Oregon state long term care insurance information page:
<http://insurance.oregon.gov/consumer/long-term-care/long-term-care-info.html>. This page has good answers to 'can my rates go up', information on Medicaid, a good Q&A section, etc.